



PERCOLATION METHOD

for Herbal Tinctures

A traditional, time-honored way to create potent, clean tinctures using dried herbs and alcohol.

WHAT IS PERCOLATION?

Percolation is a gentle extraction method that uses gravity to draw menstrum (alcohol & water) through a column of herb, pulling out the beneficial constituents without excessive heat.



THE BASICS

- Percolation Method uses dried herbs.
- Menstrum: 50% alcohol / 50% water (100-proof vodka works great)
- Calculate the amount of menstrum you will need: Weigh your dried/ground herb in grams $\times 5$ (ratio is 1:5 or 1 g herb to 5 ml menstrum) to determine the amount of menstrum in ml. Then divide by 30 (30 ml in 1 oz) to get the ounces of menstrum.
- Percolator (we love our open dropping funnel!)
- Glass jar to collect your tincture
- Organic Cotton
- Open dropping funnel (straight sides work best)

STEP-BY-STEP

1



CALCULATE & PREPARE YOUR HERB

Weigh your dried/ground herb in grams.

Calculate your menstrum:

- # grams of herb $\times 5$ (ratio is 1:5 or 1g to 5 ml)
= amount of menstrum in ml
- Then divide by 30 (30 ml in 1 oz)
= ounces of menstrum

Pre-moisten herb with a little menstrum (enough to prevent clumping) and let it sit for at least 3 hours.

2



PACK, COVER & MARBLES

Use organic cotton in the funnel.

Add your herb, tamping lightly as you go.

Cover the top with an organic coffee filter.

TIP: Place 3 sterilized flat marbles on top of the coffee filter to keep it in place.

Let sit (digest) for at least 12 hours or longer.

4



START THE DRIP

Open the stopcock and begin the flow.

Adjust to a slow, steady drip – about 1–2 drops per second.



HERBAL WISDOM

"The best tinctures are made with good plant allies, clean tools, and a little bit of patience."



A NOTE ON PATIENCE

Percolation isn't a race. A slow drip yields a cleaner, more potent tincture. Resist the urge to rush it!

Every herb is a little different—observe, adjust, and trust the process.

QUICK REFERENCE

- ✓ Use 1 part dry herb : 5 parts menstrum (1g to 5ml)
- ✓ Soak before dripping
- ✓ Maintain a slow, steady drip
- ✓ Cover the dropping funnel during digestion & dripping
- ✓ Label with herb, ratio, alcohol %, and date

WHY WE LOVE IT

- ♥ Gentle on delicate herbs
- ♥ Efficient & consistent
- ♥ Cleaner, clearer tinctures with less sediment
- ♥ Great alternative for people who have issues with tincture texture (sediment) with traditional tinctures
- ♥ Roots, barks, and seeds love it!

